

# District 20 Al-Anon Newsletter

## August 2021

Step 8: Make a list of all persons we had harmed, and became willing to make amends to them all.

Tradition 8: Al-Anon Twelfth step work should remain forever non-professional, but our service centers may employ special workers.

Concept 8: The Board of Trustees delegates full authority for routine management of Al-Anon Headquarters to its executive committees.

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**2021 Al-Anon Illinois State Convention is September 24 and 25 and it's virtual! Sign up now.**

It's called: Virtually Yours in Recovery: An Unconventional Convention.

Visit the website: [www.ilstateafgconv.org](http://www.ilstateafgconv.org)

Al-Anon Quote (CC185)

When I stopped dwelling on how things would probably work out, I was better able to pay attention to what I was doing.

## Mary's Musings

One of my favorite Al-Anon pastimes is to chair a meeting. I always wait until the morning of the meeting. Then I scan the index in one of my many CAL books. I wait until a topic speaks to me, touches me, and insures that my Higher Power is with me. One of my latest choices was "Changing Attitudes". The readings helped me to see my battles through the years. They helped me to appreciate my work, my willingness, my hurt, and my joy at moving forward. Once again I am so grateful that I found Al-Anon and each and everyone of you. You make my life better.

Your trusted servant,

Mary P

I am excited to tell you about our new District 20 website. Jane G and Jane P have been working on it diligently. It's a work in progress that will keep growing. Check it out at [District20al-anon.org](http://District20al-anon.org)

## Meet our Alateen Coordinator

Mary S has served in many positions over her years in Al-Anon. She is now the Alateen Coordinator. Thank you, Mary, for your service.

The Peoria Area Alateen Sponsors believe that alcoholism is a family disease and are willing to provide a weekly meeting for teens, who are affected by someone else's alcoholism or addiction, that are in middle school or high school. We will introduce them to the Alateen 12 step program and provide an opportunity for them to share in a safe place protecting their anonymity. Two certified Alateen Sponsors will be at each meeting. Alateen sponsors have passed an Illinois Police background check.

There is an Al-Anon Meeting (for families and friends of alcoholics) at the same time as the Alateen meeting. Teens are welcome at all Al-Anon meetings. There is also an AA meeting for 8:00-9:00.

Peoria Area Alateen

Sunday 7:30-8:30 PM  
Top of the Hill Alateen  
115 Western Avenue  
West Peoria, IL 61604

For more information, please call the Al-Anon Peoria Area Answering Service and ask about Alateen meetings. A call will be returned to you.

1-866-221-4506

Your trusted servant,  
Mary S