District 20 Al-Anon Newsletter

September 2021

District 20 Meeting: Sunday, October 3.
1-3pm
Hybrid:
Zoom ID: 886 9770 5668
Password: kindness
In Person: 1st English Lutheran Church
725 E. Forrest Hill Ave, Peoria

Step 9: Made direct amends to such people wherever possible, except when to do so would injure them or others.

Tradition 9: Our groups, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Concept 9: Good personal leadership at all service levels is a necessity. In the field of world service the Board of Trustees assumes the primary leadership.

WANT TO ORDER THE FORUM?

GO TO SIAFG.ORG THEN CLICK ON LITERATURE. NEXT CLICK ONLINE STORE. CLICK ON THE FORUM. THIS SHOULD GIVE INSTRUCTIONS. IF YOU HAVE TROUBLE, CONTACT SUE Z, OUR LITERATURE COORDINATOR AT SZAHNER143@GMAIL.COM.

2021 Al-Anon Al-Anon Illinois State Convention is September 24 and 25 and it's virtual! Sign up now.

It's called: Virtually Yours in Recovery: An Unconventional Convention.

Visit the website: www.ilstateafgconv.org

Mary's Musings

Crisis, chaos, loss, isolation, depression...That's what I've been feeling since the pandemic started. It's put me in a mood - a mood of martyrdom and victimhood.

As I wrote this in my journal, I had an awakening. Isn't this how I felt when I came to Al-Anon? I thought I would never be happy again. And what have I learned from all of you beautiful people? I've learned I can't tell the future. I can't change the past. I can only change my own attitude. I can use the tools of Al-Anon and do the best I can in **this** moment. So I looked in the index and read up on serenity, acceptance, choices, prayer and forgiveness. My mood is up to me. I am so grateful for all of you and my program. Readings, meetings, and phone calls are my favorite tools.

Your Trusted Servant,

Mary P

Al-Anon Quote

Just for today I will love myself enough to give up a struggle over something that is out of my hands. (CC129)

Try out our new website at:
district20al-anon.org

The Three Legacies of Al-Anon

Recovery	**Unity**	**Service**
Through the Steps	Through the Traditions	Through the Concepts

I have found that service can nudge me from a flat time in my recovery to an inspiring time in my recovery. I hope that each of you can tiptoe into a new opportunity that we offer.

Group Representative
Group Treasurer
Group Secretary
Chair a meeting
Share at meeting

Meeting List Coordinator
Answering Service Coordinator
Alateen Coordinator
Fellowship Coordinator
Public Outreach Coordinator
Forum/Literature Coordinator

District Recording Secretary
District Group Record Secretary

District Treasurer
District Representative

These are some of the possibilities that help us grow. The Handbook describes each job. We are all little cogs in the wheel that make Al-Anon great. At your next meeting ask for a copy.