Al-Anon District 20 Newsletter
October 2021

District Meeting
October 3, 2021
1-3pm
Zoom: 886 9770 5668
Password: kindness

Step 10: Continued to take personal inventory and when we were wrong promptly admitted it.
Tradition 10: The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.
Concept 10: Service Responsibility is balanced by carefully defined service authority and double-headed management is avoided.

Mary's Musings

If you're like me, you will have plateaus of growth and feel lethargic or stuck. Sometimes I just embrace that feeling and go with it. Other times I mix it up and attend a different meeting. Sometimes I reach out to do service: Group rep, chair a meeting, attend a business meeting.

What is your answer? Thank you for being who you are.
Your trusted servant,
Mary P

Al-Anon Quote

"Each day is a new adventure in Al-Anon, pointing the way to an ever-better way to live" (ODAT page343)

How Al-Anon Business Works

Many of you receive emails from your Group Reps containing minutes from Business meetings. Sometimes it will say SIAFG minutes, or SIAWSC minutes or District minutes. It can be confusing if you have never attended an Al-Anon Business meeting. Here is a quick explanation of those terms.

Each meeting is in a designated District. In the Peoria area, we are called District 20. (This includes Pekin, Canton and Macomb.) We have business meetings, about 2 hours long, in January, June and October. We review public outreach, our individual meetings, zoom vs. in person, our funds, etc. The most current District meeting is October 3. You will be getting minutes in the next couple of weeks and are welcome to attend via zoom.

The next level is Area. That is considered Southern Illinois with 11 Districts, including Bloomington, Champaign, Carbondale, Peoria and more. That can be designated SIAFG (Southern Illinois Al-Anon Family Group) or Area or Assembly. The next meeting will be November 6, which usually lasts from 9am-2pm with breaks. Everyone is welcome. The Group Reps get the vote. You can imagine reviewing information from 11 groups takes a little time. You will receive those

minutes in late November and are all welcome to attend via zoom. The ID will be shared late October.

The last distinction is World Service Committee. It often shows up as SIAWSC. (Southern Illinois Al-Anon World Service Committee) This is usually a 2 hour meeting that includes setting the agenda for the Area meeting. Assembly officers, District Reps, Area Coordinators and Service liaisons have the vote. Everyone is welcome to have voice. The next meeting will be January 8, 2022.

Of course there are more tiers of business. The World Service Conference sends us information via "The Loop". They continue to sell Conference Approved Literature, introduce new literature and pamphlets, hold Worldwide Conferences, and more.
In order to keep our fellowship true, we use the Steps, Traditions, Concepts, and Warranties as guides. That is why an Al-Anon meeting always seems familiar, no matter what state or country you might be in.

When I discovered the enormity and flexibility of the Al-Anon Family Group, I was impressed. Group Consciences are used up and down the line. Rotation of service is used up and down the line. There's so very much more to learn. Have a great day.
Mary P