

Group Inventory Notes
Group Conscience Suggestions – Friday Morning AFG
June 10, 2022

Reviewed the traditions with the group.

1. Tradition 1: Our common welfare should come first; personal progress for the greatest number depends upon unity.
 - a. suggested a timed gentle tone from a cell phone for each member during speaker time.
 - b. 2 minute share reminder??
2. Tradition 2: Four our group purpose there is but one authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants.
 - a. No suggestions
 - b. Allow our HP to guide us
3. Tradition 3: The relatives of alcoholics, when gathered together for mutual aid, may call themselves an Al-Anon Family Group, provided that as a group, they have no other affiliation. The only requirement for membership is that there be a problem of alcoholism in a relative or friend.
 - a. Be aware of newcomers. Do not bring other affiliations into the meeting.
 - b. Maybe add a statement to the opening.
4. Each group should be autonomous, except in matters affecting another group or Al-Anon or AA as a whole.
 - a. More group conscience meetings. Members have a right to speak up.
 - b. Group must conform to the vote of the group conscience.
5. Each Al-Anon Family Group has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps of AA ourselves, by encouraging and understanding our alcoholic relatives, and by welcoming and giving comfort to families of alcoholics.
 - a. Our group does pretty well with this tradition
 - b. Zoom – we would like to have a phone list for members who are on zoom
6. Our Al-Anon Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always co-operate with AA.
 - a. No issues
7. Every group ought to be fully self-supporting, declining outside contributions.
 - a. We need more people to volunteer to chair meetings
 - b. If we have chaired in the current month, step down for the next month. This may help with the rotation of service.
 - c. We need more zoom members to share on zoom, and or chair the meeting from zoom.
 - d. We should encourage members to serve in all aspects of the group (serving as GR, treasurer, secretary, chairing meetings, etc.)
 - e. We encourage all members to participate in the group conscience meetings.

Our hour was over at this point. Members suggested a group conscience to discuss the items listed above. A group conscience will be scheduled on July 8th after the regular meeting.